



RETURN ALL SPECIMENS TO THE LABORATORY

Moline
Davenport

1520 7th Street
1828 E. Locust Street

309-762-8555
563-324-0471

M-F
6a-6p
6a-6p

Sat
6a-12p
6a-12p

Sun
6a-12p
6a-12p

FOR A LIST OF OUR OTHER CONVENIENT LOCATIONS, PLEASE VISIT OUR WEBSITE AT

www.MetroMedLab.com

Or ask our Patient Service Staff for our Map Brochure

24 Hour Urine Collection

Sample Collection and Delivery Instructions

Before you begin:

- Special diet or drug guidelines are attached for you to follow. Please read carefully.
- We will need to draw a blood specimen when you return this specimen (return within 24 hours of last sample).

NOTES:

- Always urinate before defecating so urine is not contaminated by feces.
- Do not fill the container above the last measurement marking. An additional bottle may be obtained from the laboratory if needed.
- Always recap the collection container carefully and completely.

Starting your specimen collection:



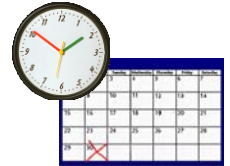
Throw away
1st urine

1. **DO NOT SAVE** the first urine specimen of the collection. Write this time and date below as the **START TIME**. Write down the **STOP TIME**.

START SAVING URINE AT _____

STOP SAVING URINE AT _____

ACTUAL TIME OF LAST URINE SAVED _____



2. Save all urine in the bottle for 24 hours.



The container must be kept cool at all times. Place upright in the refrigerator (seals are not airtight and will leak if laid on side) or place container in a bucket of ice or cooler. DO NOT ALLOW SPECIMEN TO FREEZE.

Ending your specimen collection:

1. Try to collect the last sample as close to the end of the 24 hour period as possible.
2. Write down time and date of last urine saved.
3. Return the container(s) to the laboratory as soon as possible after your last collection (within 24 hours of last sample).