



# FIT-CHEK

## Immunoassay Fecal Occult Blood Test Collection Instructions

**Read all package insert directions carefully  
before sample collection.**

**Results may be invalid if collection is not performed properly.**

### SAMPLE DEPOSIT

1. Write your name, date of collection and birth date on sampling bottle.
2. Unfold and place supplied white collection paper inside toilet bowl on top of water.
3. Deposit stool sample on top of collection paper.
4. **Collect sample from stool before paper sinks and stool sample touches water.**

### SAMPLE COLLECTION

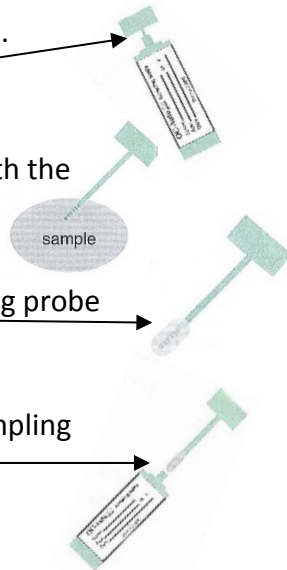
5. Open the green cap by twisting and lifting.  
DO NOT spill liquid in bottle.

6. Scrape the surface of the stool sample with the sampling probe.

Cover the grooved portion of the sampling probe completely with stool sample.

7. Close sampling bottle by inserting the sampling probe and snap green cap on tightly.  
**Do not reopen.**

8. Flush the collection paper.  
It is biodegradable and will not harm septic systems.



**CONTINUE ON BACK FOR FURTHER INSTRUCTION**

### TRANSPORTING SPECIMEN TO LAB

9. Place the sampling bottle in the biohazard bag provided with the sampling kit.
10. RETURN the sampling bottle to any of the convenient METROPOLITAN MEDICAL LABORATORY, PLC locations listed below.

Temperature Requirements: The sample can be kept at room temperature for up to 15 days or may be refrigerated up to 30 days.  
Do NOT freeze.

11. The results of the test will be sent to your ordering provider.

METROPOLITAN MEDICAL LABORATORY, PLC PATIENT SERVICE CENTERS	
ILLINOIS	IOWA
MOLINE	DAVENPORT
METRO CENTRAL 1520 7 <sup>th</sup> Street, Moline, IL 61265 Phone: 309-762-8555, Ext. 3140 Monday-Friday 6:00 a.m. – 6:00 p.m. Saturday & Sunday 6:00 – Noon	METRO CENTRAL 1828 E. Locust Street, Davenport, IA 52803 Phone: 563-324-0471, Ext. 4545 Monday-Friday 6:00 a.m. – 6:00 p.m. Saturday & Sunday 6:00 a.m. – Noon
5401 44 <sup>th</sup> Avenue Drive, Moline, IL 61265 Located at UnityPoint Health - John Deere Road <b>Be sure to register at the Metro Lab desk to the left of the main clinic desk.</b> Phone: 309-736-7370 Monday-Friday 8:00 a.m. – 4:00 p.m.	3906 Lillie Avenue, Suite 3, Davenport, IA 52807 Phone: 563-386-3000 Monday-Friday 6:00 a.m. – 6:00 p.m. Saturday 6:00 a.m. – Noon
SILVIS	BETTENDORF
685 Avenue of the Cities, Suite 2, Silvis, IL 61282 Phone: 309-792-0200 Monday-Friday 6:00 a.m. – 6:00 p.m. Saturday 6:00 a.m. – Noon	3625 Utica Ridge Road, Suite D, [in back] Bettendorf, IA 52722 Phone: 563-345-6575 Monday-Friday 6:00 a.m. – 6:00 p.m. Saturday 6:00 a.m. – Noon
ROCK ISLAND	
3850 Blackhawk Road, Suite H-1, Rock Island, IL 61201 Phone: 309-786-2926 Monday-Friday 6:00 a.m. – 6:00 p.m.	



**Hours subject  
to change.**

[www.MetroMedLab.com](http://www.MetroMedLab.com)