



RETURN ALL SPECIMENS TO THE LABORATORY

Moline
Davenport

1520 7th Street
1828 E. Locust Street

309-762-8555
563-324-0471

M-F
6a-6p
6a-6p

Sat
6a-12p
6a-12p

Sun
6a-12p
6a-12p

FOR A LIST OF OUR OTHER CONVENIENT LOCATIONS, PLEASE VISIT OUR WEBSITE AT

www.MetroMedLab.com

Or ask our Patient Service Staff for our Map Brochure

Expectorated Sputum

Sample Collection and Delivery Instructions

Required Patient Preparation! Read Carefully Prior to Collection!

1. DO NOT EAT PRIOR TO COLLECTION.
2. Specimen should be a single, first-morning, “deep-cough” sputum specimen.
3. DO NOT RINSE OUT MOUTH, BRUSH TEETH OR GARGLE PRIOR TO COLLECTION.
4. Remove dentures, if applicable.

Specimen Collection Instructions

1. Collect specimen in a sterile container.
2. DO NOT expectorate saliva or postnasal discharge into the sterile container
3. Take a deep breath, hold it momentarily, and cough deeply and vigorously to produce a lower respiratory tract specimen.
4. Expectorate sputum into container. Secure lid.
5. Label the specimen container with patient’s full name, patient’s date of birth, specimen source (sputum) and date and time of collection.
6. Maintain sterility and forward specimen to the laboratory promptly at refrigerated temperature.

SAMPLE WILL BE REJECTED UNDER THESE CIRCUMSTANCES:

- Sample not collected properly.
- Specimen consisting primarily of saliva or postnasal discharge.
- Sample not properly labeled with TWO patient specific identifiers (example: name and date of birth).
- Sample greater than 24 hours after collection.