



RETURN ALL SPECIMENS TO THE LABORATORY

Moline
Davenport

1520 7th Street
1828 E. Locust Street

309-762-8555
563-324-0471

M-F
6a-6p
6a-6p

Sat
6a-12p
6a-12p

Sun
6a-12p
6a-12p

FOR A LIST OF OUR OTHER CONVENIENT LOCATIONS, PLEASE VISIT OUR WEBSITE AT

www.MetroMedLab.com

Or ask our Patient Service Staff for our Map Brochure

Urine Collection Instructions

Required Patient Preparation! Read Carefully Prior to Collection!

1. Urine specimens for culture should be collected before taking antibiotics.
2. Wash hands thoroughly with soap and water.
3. **Preparation prior to collection:** Cleanse the genital area thoroughly with soap and water or cleansing towelette.
 - a. **Females** – cleanse the exterior labia and urethral opening area.

NOTE: collection of midstream urine should be avoided during menses.
 - b. **Males (circumcised)** - No preparation required.
 - c. **Males (uncircumcised)** - retract foreskin and clean the foreskin and urethral opening areas.

Routine Urinalysis and/or Culture Instructions

Clean Catch (Midstream) – First morning is preferred for culture. Specimens should be collected in a sterile container.

1. Urine Collection:
 - a. **Females** – While holding labia area apart, begin voiding into toilet.
 - b. **Males (uncircumcised)** – While retracting foreskin, begin voiding into toilet.
 - c. **Males (circumcised)** – Begin voiding into toilet.
2. After a small amount of urine has passed, collect **midstream** portion of the urine by moving the collection container into the path of the urine stream without stopping the flow of urine.
3. Secure lid tightly.
4. Wash hands with soap and water.
5. Label the specimen container with the patient's full name, date of birth, specimen source, and the date and time of collection.

ALL URINE MUST BE REFRIGERATED within **30 MINUTES** of collection. Urine held at room temperature supports the growth of both pathogens and contaminants.

Deliver refrigerated specimen to the laboratory within **24 hours** of collection. **Any specimen that is not collected properly – not refrigerated, or that is over 24 hours old will be rejected.**

See Reverse for “First Catch” Instructions



RETURN ALL SPECIMENS TO THE LABORATORY

Moline
Davenport

1520 7th Street
1828 E. Locust Street

309-762-8555
563-324-0471

M-F
6a-6p
6a-6p

Sat
6a-12p
6a-12p

Sun
6a-12p
6a-12p

FOR A LIST OF OUR OTHER CONVENIENT LOCATIONS, PLEASE VISIT OUR WEBSITE AT

www.MetroMedLab.com

Or ask our Patient Service Staff for our Map Brochure

“FIRST CATCH” Urine Collection for *Chlamydia trachomatis* and *Neisseria gonorrhoeae* by Nucleic Acid Amplification (NAA)

Required Patient Preparation! Read Carefully Prior to Collection!

- **DO NOT urinate for at least **one hour** prior to specimen collection.**
- **DO NOT** clean urogenital area prior to collection.
- Wash hands thoroughly with soap and water.

1. Collect specimen in sterile, preservative-free urine collection cup.
2. Collect the first 20-30 ml of voided urine (the first part of the stream) into the sterile collection cup.
3. **More than 30 ml can result in false negative results and may result in specimen rejection.** A quarter of an inch of urine in the bottom of a urine cup is plenty of specimen for testing.
4. Secure lid. Wash hands with soap and water.
5. Label the specimen container with the patient’s full name, date of birth, specimen source, and the date and time of collection.

ALL URINE MUST BE REFRIGERATED within **30 MINUTES of collection. Urine held at room temperature supports the growth of both pathogens and contaminants.**

Deliver refrigerated specimen to the laboratory within **24 hours of collection. Any specimen that is not collected properly – not refrigerated, or that is over **24 hours** old will be rejected.**

See Reverse for Urinalysis and/or Urine Culture Instructions.